



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

At Kings Heath Primary our menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child-focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat (Halal and non-Halal) and vegetarian main courses and accompanying carbohydrates
- Daily options for the Vegan diet
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh bread daily
- A selection of hot and cold desserts
- Chilled water



Welcome to  
Taylor Shaw

September 2021

## Medical Diets & Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet them. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal, we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence **no later than 21st July**, please ensure all details are correct and it has been signed.

This will then be passed onto the Taylor Shaw team who will then create a safe menu for your child and implement as soon as possible.

## Help Your School & Yourself - Claim Free School Meals

Let Taylor Shaw take the pressure off making a pack lunch every morning and let them provide your child with a nutritionally balanced, hot, and delicious lunch, **for FREE!** You could save yourself time and £100's a year by giving up the pack lunch and encouraging your child to have a hot meal prepared and cooked freshly on site by us daily or even for just a few days each week!

**ALL** children in Reception, Year 1 and Year 2 are eligible for a Free School Meal under the Government's Universal Infant Meal Scheme. However, you may **also** be eligible for Free School Meals (FSM) if you receive any benefit allowances and meet the income criteria\*. FSM registration unlocks additional benefits at KHPS including Free access to trips, music lessons and some clubs. It will also mean you will continue to have Free School Meals in Years 3 to 6 worth **over £400 each year**. It will also boost the funding the school receives to support your child in education.

To check if you are eligible for FSM, regardless of which year group your child is in, please e-mail [enquiry@kingsheathprimary.com](mailto:enquiry@kingsheathprimary.com) with your child's name and form, your Full name, Date of Birth and National Insurance Number.

\*visit <https://www.gov.uk/apply-free-school-meals> for details on eligibility criteria